



Team  
**KIDS  
-U-  
CAN**



## Marathon Quest 250

In the year Jan 1<sup>st</sup> to Dec 31<sup>st</sup> 2010, in Alberta, Canada, Martin Parnell will attempt to run 250 marathons in order to raise \$250,000 for Right To Play.

Right To Play is an international, humanitarian organization that uses sport and play programs to improve health, develop life skills, and foster peace for children and communities in some of the most disadvantaged areas of the world. Right To Play also works with-in Canadian communities to inspire children and support their right to grow and learn, through physical activity.

Martin will run five marathons a week, with Fridays and Saturdays being recovery days, to cover a total distance of 10,550km (6550miles). An additional 12 days will be held in hand, in case of unforeseen circumstances.

The majority of the marathons will be run on the Horse Creek Loop in Cochrane, Alberta. However, others will be run at official events such as, Woody's Red Deer Marathon (May 23<sup>rd</sup> 2010), Calgary Marathon (May 30<sup>th</sup> 2010), Footstock half marathon x 2 (June 12<sup>th</sup> 2010), and other marathon opportunities, within a reasonable distance from home.

Each marathon will be completely self-contained with no gel wrappers, water cups, banana skins or any other litter left along the route.

**Fund raising can be done by participating in one of the following or making a donation:**

- Sponsor a marathon
- School involvement
- Run with Martin

If you are interested in participating in one of the above please contact Martin at [mjparnell@shaw.ca](mailto:mjparnell@shaw.ca)  
or

To make a donation please go to:  
[www. righttoplay.com/teamkidsucan](http://www.righttoplay.com/teamkidsucan)  
and click on "Make a gift"

**"Helping Kids - One Run at a Time"**